

**Table 1. Number, incidence rate <sup>1</sup>, median days away from work <sup>2</sup> and relative standard errors <sup>3</sup> of occupational injuries and illnesses involving days away from work <sup>4</sup> by selected natures with musculoskeletal disorders<sup>5</sup> in selected ownerships for Washington, 2010**

Ownership	Nature of the injury or illness	Total Cases	Incidence Rate	Median Days	Relative Standard Error
private industry	All Selected Natures	11,410	63.1	13	3.5
private industry	021 Sprains- strains- tears	8,860	49.0	11	3.6
private industry	0972 Back pain- hurt back	460	2.6	7	9.1
private industry	0973 Soreness- pain- hurt- except the back	810	4.5	23	7.1
private industry	1241 Carpal tunnel syndrome	560	3.1	30	8.3
private industry	153 Hernia	330	1.8	22	10.6
private industry	1530 Hernia- unspecified	120	0.7	22	17.2
private industry	1531 Inguinal hernia	150	0.8	23	15.2
private industry	1533 Ventral hernia	20	0.1	18	44.9
private industry	1539 Hernia- n.e.c.	40	0.2	15	28.4
private industry	17 Musculoskeletal system and connective tissue disea	390	2.1	13	9.8
private industry	172 Dorsopathies	30	0.2	33	34.0
private industry	173 Rheumatism- except the back	330	1.9	12	10.5
private industry	1730 Rheumatism- except the back- unspecified	40	0.2	69	31.1
private industry	1731 Bursitis	20	0.1	5	44.2
private industry	1733 Tendonitis	150	0.8	10	15.4
private industry	1734 Tenosynovitis	30	0.2	12	33.0
private industry	1739 Rheumatism- except the back- n.e.c.	100	0.5	13	18.7
local government	All Selected Natures	2,090	102.2	12	4.6
local government	021 Sprains- strains- tears	1,620	79.6	10	5.0
local government	0972 Back pain- hurt back	130	6.5	14	15.4
local government	0973 Soreness- pain- hurt- except the back	170	8.1	13	13.8
local government	1241 Carpal tunnel syndrome	60	2.7	33	23.4
local government	153 Hernia	40	2.1	21	26.5
local government	1530 Hernia- unspecified	30	1.4	40	33.2
local government	17 Musculoskeletal system and connective tissue disea	60	3.2	10	21.8
local government	172 Dorsopathies	20	0.9	55	39.9
local government	1729 Dorsopathies- n.e.c.	20	0.7	55	44.7
local government	173 Rheumatism- except the back	40	1.9	7	27.9
local government	1733 Tendonitis	30	1.3	7	34.1
state government	All Selected Natures	650	62.7	11	8.7
state government	021 Sprains- strains- tears	600	57.1	11	9.0
state government	1241 Carpal tunnel syndrome	20	2.2	29	39.8
state government	17 Musculoskeletal system and connective tissue disea	20	1.6	20	46.6

<sup>1</sup> Incidence rates represent the number of injuries and illnesses per 10,000 full-time workers and were calculated as:  
 $(N / EH) \times 20,000,000$  where,

N = number of injuries and illnesses,

EH = total hours worked by all employees during the calendar year,

20,000,000 = base for 10,000 full-time equivalent workers (working 40 hours per week, 50 weeks per year).

<sup>2</sup> Median days away from work is the measure used to summarize the varying lengths of absences from work among the cases with days away from work. Half the cases involved more days and half involved less days than a specified median. Median days away from work are represented in actual values.

<sup>3</sup> Relative standard errors are a measure of the sampling error of an estimate. Sampling errors occur because observations are made on a sample, not on the entire population. Estimates based on the different possible samples of the same size and sample design could differ. Relative standard errors less than 0.05 are not shown.

<sup>4</sup> Days away from work cases include those which result in days away from work with or without restricted work activity.

<sup>5</sup> Includes cases where the nature of injury is: sprains, strains, tears; back pain, hurt back; soreness, pain, hurt, except back; carpal tunnel syndrome; hernia; or musculoskeletal system and connective tissue diseases and disorders and when the event or exposure leading to the injury or illness is: bodily reaction/bending, climbing, crawling, reaching, twisting; overexertion; or repetition. Cases of Raynaud's phenomenon, tarsal tunnel syndrome, and herniated spinal discs are not included. Although these cases may be considered MSD's, the survey classifies these cases in categories that also include non-MSD cases.

NOTE: Dashes indicate data that do not meet publication guidelines or data for incidence rates less than .05 per 10,000 full-time workers. The scientifically selected probability sample used was one of many possible samples, each of which could have produced different estimates. A measure of sampling variability for each estimate is available upon request.

SOURCE: Bureau of Labor Statistics, U.S. Department of Labor, December 07, 2011